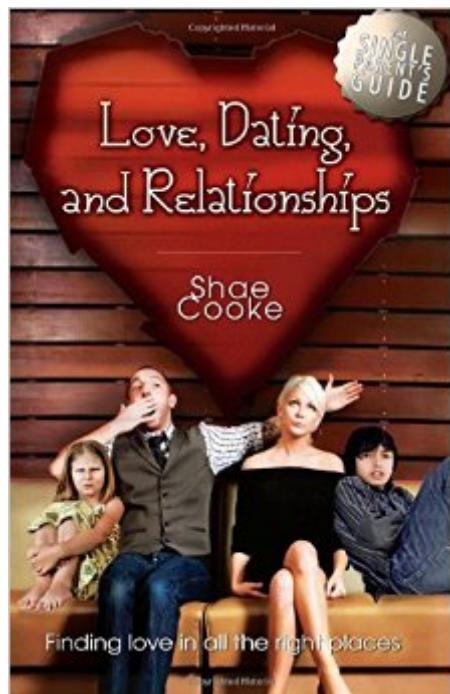


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# The Single Parent's Guide To Love, Dating, And Relationships



## **Synopsis**

With a heart to see people encountering the love and power of Jesus, single parent and former foster child Cooke shares her heart, humor, and God's love message to a worldwide audience.

## **Book Information**

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## **Customer Reviews**

In this proactive guide "Love, Dating, and Relationships: Finding Love in All the Right Places" Shea Cooke tells of her own journey in finding healing in the process of finding freedom to date, discover trust, to pursue a relationship, and to allow herself to love again. The format of the book is inviting with highlighted key thoughts asking the question "Catch the Drift?" These questions provide ideas for introspection designed to help the reader determine unresolved regrets, realistic expectations, and for restructuring a sense of wholeness. A series of "Below the Surface" questions help the reader record and recognize their progress as they read and apply the principles included in the prior chapter. Shea shares personal experiences as well as stories from the lives of others as examples of important lessons to be learned in order to avoid unnecessary heartache by repeating these same errors in judgment. She stresses the importance of accepting personal responsibility for results of mistakes and the importance of forgiveness in finding freedom and healing. Cooke's writing is strong, engaging, humorous, and always encouraging. I noted a wealth of additional resources and further reading in the end notes following each chapter. "The Single Parent's Guide to Love, Dating, and Relationships" should be recommended by pastors, counselors, and peers to every individual they know who is facing the challenge of "single parenting."

This book will help you heal from past hurt and relationships. It will help single parents to be encouraged and to move past the hurt and allow others back in their lives. Recommend to singles and those hurt in past relationships.

Most "How To" books offer reams of advice that sound good, but I often want to pull the author aside and ask "Seriously, how's that working out for you?" Here I don't have to ask. The author opens up to the reader as if you're a best friend and confidant. This is in part her story of a journey filled with mistakes, regrets and hard-learned lessons told with a transparency that says 'you can make it through this because I did, and that path is open to all.' The tone is far from 'I have all the answers' and much more 'I've been there too and found the way through.' Here's a tour guide to the heart who knows the often rocky terrain. In this breath of fresh air I found humor, a startling honesty and practical advice in a surprisingly breezy read. Perhaps the light tone is a perfect way to open up a sensitive topic that still challenges and doesn't settle for the easy way out. Sounds like this is working out for her, and you may find like I did that there are insights that will work well for you too.

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Positive Discipline for Single Parents : Nurturing, Cooperation, Respect and Joy in Your Single-Parent Family  
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